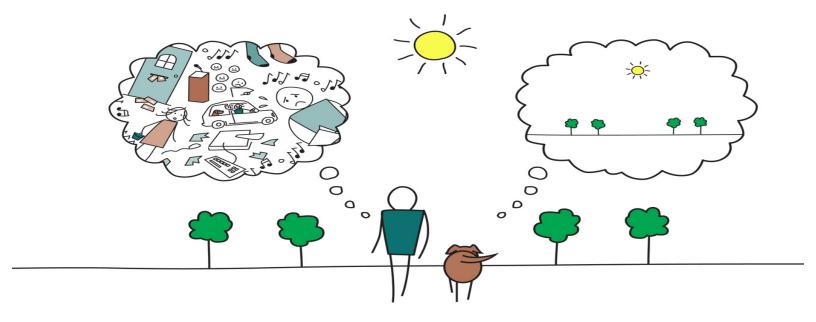
## **MINDFULL or MINDFUL?**



## The Present of Staying Present: Benefits of Mindfulness for Well-Being & Productivity

Thursday, November 3<sup>rd</sup> (Panel from 6PM, Apéro from 7PM) Senatszimmer (KOL-E-13) @ Rämistrasse 71 organized by Career Elixier